

Spring 2022



## Monthly Chapter Meeting

1<sup>st</sup> Monday of the month at 1:30-3:00 p.m.  
Except June, July & August; on holidays, meets 2<sup>nd</sup>  
Monday

**ALL MEETINGS WILL BE ONLINE UNTIL FURTHER  
NOTICE DUE TO COVID-19.**

*Register to attend meetings. If you don't get an email a week before, contact [membership@hearinglosspen.org](mailto:membership@hearinglosspen.org). A registration link will be sent to you where you'll provide your name and address, and then a link to the meeting will be sent to you.*

### Presentations

**Monday, April 4**

**"Recent Developments in Cochlear Implant  
Technology"**

**By Matthew Fitzgerald, PhD, Chief of  
Audiology, Stanford Ear Institute**

**Monday, May 9**

**To Be Announced**

**No Chapter Meetings in June, July, August.**

## Special Meetings

### Saturday Connections

2<sup>nd</sup> Saturday of the month,  
11:30 a.m. – 1:00 p.m.  
except June, July, August, December  
**(Meeting online until further notice)**

### Meniere's

2<sup>nd</sup> Friday of the month  
12 noon-1:00 p.m.  
**(Meeting online until further notice)**

Please contact us if you are interested in attending Saturday Connections or Meniere's.

[info@hearinglosspen.org](mailto:info@hearinglosspen.org)

Request which meeting you're interested in and ask that you be put on the roster for the next meeting. You'll then receive an invitation and link to attend.



3555 Alameda de las Pulgas,  
Suite 100  
Menlo Park, CA 94025  
650-854-1980

496 First Street, Suite 120  
Los Altos, CA 94022  
650-941-0664

[www.pacifichearingsservice.com](http://www.pacifichearingsservice.com)

## CO-PRESIDENT'S MESSAGE

### Sally Edwards



Dear HLAA Friends,

I have been reflecting on what has been happening since March 2020 when we were forced to stop meeting in person for our regular monthly meetings because of the Coronavirus epidemic. So much has changed. I miss seeing all of you. We all miss the personal contacts we used to take for granted. We have come to appreciate and value our friendships even more.

Along with that, has come the advantages we have gained in using zoom meetings to continue to meet. We can stay at home and still meet. We can see people's faces and read their lips and have captions as well. We can join other chapter's zoom meetings and national webinars as well. We have expanded our outreach as a chapter and an organization. But I know some of you haven't been able to connect with zoom and that saddens me.

Before the pandemic, our average attendance at chapter meetings was 20-25. Using zoom we have had as many as 38 attend a recent meeting, and some from eight states across the country. Amazing, isn't it? So, we continue to thrive as a chapter and a national organization. We are blessed.

With all the above to consider, we are still not meeting in person yet. That will come at the right time. We do plan to have our annual summer picnic in July (details to be decided). Please make your best effort to attend that.

The scholarship committee is working hard to get the word out to San Mateo schools for hearing impaired seniors to apply. Since we began this program four years ago we have awarded \$19,000. in scholarships to students going on for further education.

The Bay Area Walk4Hearing is coming up on June 4 along the Bay in Alameda. (See the flyer with details in this newsletter). It's a beautiful site for the Walk. We are excited that it will be in person this year, after two years of virtual walks. Our chapter has been a strong supporter of our local Walk to spread the word about HLAA and help for hearing-impaired people, and to give financial support to our national organization as well as to our chapter. Last year we earned \$4000 for our chapter and gave \$2000 of it to our student scholarships.

Please participate this year! Go to the [Walk4Hearing.com](http://Walk4Hearing.com) site for all the details. You can be a team leader and collect donations from family and friends, business associates or join the Peninsula Team for your personal donation. And plan to come to the Walk! It is awesome.

Stay well, Dear Friends. Hope to see you at the picnic and at the Walk.

Blessings, Sally

## CHAPTER NEWS – Tidbits from our members who want to share

### Book and Movie Reviews – CODA by Eliot Terborgh



In the past three years, there have been at least two excellent movies about hearing loss and deafness, both of which have achieved national acclaim. The first, in 2019, was *The Sound of Metal*, while the second is *CODA*, released last summer.

*CODA*, which stands for Child of a Deaf Adult, features Ruby, the only hearing member of a deaf family from Gloucester, Massachusetts. Her family runs a fishing business in this coastal community, while Ruby, at age 17, works on the family fishing boat before school and interprets for her deaf parents and brother. When she joins her high school's choir club, Ruby finds herself drawn to both her duet partner and her latent passion for singing, which highlights the tension between the deaf and hearing communities.

*CODA* is a beautiful, heartwarming movie with several deaf actors, including Marlee Matlin who won an Oscar for Best Actress in 1986 for *Children of a Lesser God*. Emilia Jones, an English actress who plays Ruby, had to learn ASL for the movie role. With an excellent story, setting and acting, *CODA* has received a well-deserved nomination for Best Picture of 2021. *CODA* can be streamed on Apple TV+.

Has anyone read "Shouting Won't Help", "The Way I Hear It", "A Quiet World" or other books about hearing loss? Or other movies? If you'd like to share your thoughts, please contact Jaynie Kind (email on page 11 of this newsletter). The deadline is March 1 for the Spring issue, August 1 for the Fall issue and December 1. We'd love to hear from you!

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Have you heard about **Google Duo**? "I am so excited that you can now have a videochat between Android and Apple phones! I just have to share it with all of you!" Here are some links for more information:

<https://www.consumerreports.org/smartphones/how-to-video-chat-between-iphone-and-android-smartphone-a3979171436/>

How to Set Up, connect, and call using Google Duo on the iPhone, iPad, Android, or computer  
<https://support.google.com/duo/answer/6386089?hl=en&co=GENIE.Platform%3DiOS&oco=2>

## CHAPTER NEWS – Tidbits from our members who want to share

**Asking for CART** (Communication Access RealTime Translation) by Jaynie Kind (CART is what we had at our chapter meetings when we were meeting in person.)

I have found that <https://hearinglosslive.com> is an outstanding website for those of us with hearing loss. What especially resonated with me was Michele Linder's quote, "*The HoH (Hard of Hearing) community has to own their responsibility for CART not being as widely recognized for communication access as it should be. Their lack of awareness and reluctance to advocate for their needs add to the misconception that all people with hearing loss know and use sign language for communication access.*"

Yes, I was reluctant to ask for captioning. It IS hard, yet it is SO worth the effort! By asking far enough in advance, after multiple emails back and forth, I was able to understand every word at my daughter's college and graduate ceremonies. What a difference it made in my enjoyment of each event.

If you want help, Hearing Loss Live has a template to request CART:  
<https://hearinglosslive.com/wp-content/uploads/2022/01/CART-Request-Template.pdf>

A quote from their website:

**ONE SIZE DOES NOT FIT ALL:** *Did you know that at least 85% (likely much higher) of people with disabling hearing loss in the world **do not** use sign language for communication access? The Hard of Hearing access communication through speech reading, captioning, speech-to-text, and CART (Communication Access Realtime Translation).*

There's also a great one-minute video that I played for our Saturday Connections meeting on February 12, 2022 <https://www.facebook.com/watch/?v=606065967139528&ref=sharing>

More from their website:

### ***A few things to remember when requesting CART.***

- *CART for the HoH is exactly the same as ASL interpretation for the Deaf.*
- *Plan ahead, making your CART request with at least 3 weeks lead time; however, the sooner you make your request, the better. If you don't have that accommodated.*
- *The more you request CART, the better you get at advocating for it.*
- *Be prepared to educate about CART, and to provide resource links for finding a provider.*
  - *95% of people with hearing loss communicate in spoken language and need CART.*
  - *CART is comparable in cost to sign language interpretation.*

This video blew me away because I had no idea there were three different kinds of captioning!  
<https://www.youtube.com/watch?v=pqOi4hhIFAU>

The HLAA North Bay chapter hosted CCAC/HearingLossLive if you'd like to watch it here:  
<https://www.youtube.com/watch?v=Xq2grQCaxpU>

Thank you Hearing Loss Live for helping lead the way!

## CHAPTER NEWS - PENINSULA CHAPTER SCHOLARSHIP COMMITTEE UPDATE



The scholarship committee is headed by Raegene Castle; Bob Hall, Eliot Terborgh, and Kate Szentkuti are on the committee. Sally Edwards participates on an informal basis. Raegene, with support from her husband Jack, has been an incredible fundraiser for our group. We all spend a great deal of time reaching out to the community of schools, principals, and counselors to be sure to reach these students. The first scholarship was awarded in 2017 and we have awarded nine scholarships for a total of \$19,000 to date.

We would appreciate any help or connections our membership may have to reach a graduating high school senior, living in or attending school in San Mateo County, and who has a documented hearing loss. We have reached out to public high schools in Pacifica, San Bruno, South San Francisco, Half Moon Bay, Daly City, San Carlos, Belmont, Redwood City, Palo Alto, East Palo Alto, Woodside and Atherton in multiple school districts. I may have missed several! The deadline for submission is April 15, and the form is available through the committee at [scholarship@hearinglosspen.org](mailto:scholarship@hearinglosspen.org).

If you would like to contribute specifically to the Scholarship fund, let the Treasurer, Eliot Terborgh, know that is your wish.



Did you miss some of our chapter meetings? Alan from Diablo Valley volunteered to edit them and put them on the HLAA-CA YouTube page. Thank you Alan! They are all captioned. Here are a few links:

HeardThat (February 7, 2022)

<https://www.youtube.com/watch?v=PmNFcaBe20w&t=19s>

America's Getting in the Hearing Loop (January 3, 2022)

<https://www.youtube.com/watch?v=YyHemVi8jCY&t=37s>

AVA (October 5, 2021)

<https://www.youtube.com/watch?v=VsyIEsW9kU4>

(P.S. There are recordings from other California chapters as well. Or you can go to our National website for HLAA Webinar and Virtual Meeting Recordings:

<https://www.hearingloss.org/programs-events/webinars/schedule-recordings/>

CHAPTER NEWS



# Bay Area Walk4Hearing

Saturday, June 4, 2022

### Location

Robert W. Crown Memorial State Beach  
8<sup>th</sup> Ave, Otis Drive  
Alameda, CA

### Walk Day Schedule

Registration, 9:00 a.m.  
Stage Presentation, 10:00 a.m.  
Walk Starts, 10:15 a.m.

### Step up for hearing health!

Join an impactful event where people can learn about resources and technologies, connect with others in the community and bring attention to the importance of hearing health.

**Register at [walk4hearing.org](http://walk4hearing.org)**

Walk4Hearing Senior Manager, Ronnie Adler [radler@hearingloss.org](mailto:radler@hearingloss.org)

# Life as a Deaf/Hard of Hearing Adult

## Things I Can't Control



(Infographic made by hearing loss influencer, Michelle, @mama.hu.hears on Instagram. She can also be found on <https://www.facebook.com/mamahuhears/>. Permission to reprint granted to HLAA Peninsula Chapter only.)

## NATIONAL NEWS



HLAA 2022 Convention, June 23-25

**Note: HLAA requires all attendees to be fully vaccinated against COVID-19. For more information visit HLAA's [Vaccination Requirement page](#). Learn more about the [HLAA Convention Health and Safety Protocols](#).**

The HLAA 2022 Convention is June 23-25 in Tampa, Florida! HLAA is very excited to be hosting an in-person Convention again. This year the exhibit hall, workshops, demo presentations, plenary sessions, social events and Research Symposium will all be held under one roof at the brand new JW Marriott Tampa Water Street. When you aren't learning and networking at the most communication accessible convention for people with hearing loss, you can explore Tampa's new Sparkman Wharf area or cruise down the local Riverwalk. Start booking your trip now! All the information about the upcoming convention is in the Fall 2021 issue of the Hearing Life Magazine and on the HLAA website, [www.hearingloss.org](http://www.hearingloss.org).

**NOTE: Our chapter is awarding two \$250 scholarships for members attending their first convention. If you're interested in going, please contact: Eliot Terborgh for details.**

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### Hearing Care Directive by Diane Gross

In the past couple of weeks, I've been helping a friend attempt to deal with the needs of a hard of hearing family member who's been moved to a nursing home. It's not my place to share the details, but I can share what I've learned.

Do you have a family member or friend who's designated to have your medical information in case of emergencies? If so, does this include your hearing care needs?

Based on this experience, I now have a list of what I want someone in my family to know. Call it a Hearing Care Directive. (This is in no particular order; there may be items I've forgotten to include)

- \*Copy of latest audiogram
- \*Name and contact info of audiologist and/or hearing device dispenser.
- \*Insurance coverage, if applicable
- \*Manufacturer and model name of hearing aid or cochlear implant
- \*Battery size, type and how to purchase
- \*Assistive devices used: manufacturer, model, warranty; contact information
- \*Captioning apps used with cell phone
- \*Is there someone who knows how these devices work? Can they change the batteries? Check that ALDs are working? Turn on captioning apps?
- \*Has a place been designated to donate devices when they're no longer needed?

*Hearing Care Directive reprinted with permission. Diane also added "HLAA has seen me through hearing aids to this week's upgrade to Cochlear N7 processors (2/14/22). Being involved with HLAA for forty years has been an inspiring journey. It will always be a part of me, even though I recently retired from active involvement."*

## THANK YOU!

**We want to thank the following donors who gave to our chapter or national organization since the last newsletter, above and beyond membership dues. Your donations have helped pay for our captioning, student scholarships, refreshments, convention scholarships, brochures, assistive listening demo devices.**

**Individuals:** Thomasina Fogliani, Eliot Terborgh

If we have missed someone, please let us know as we want to acknowledge each of you.



Whether you would like to donate to our chapter directly or have your family or friends donate instead of giving you a present, please make checks payable to HLAA-Peninsula Chapter and mail it to:

If it's an occasion, please tell Eliot, our chapter treasurer, if it's a Birthday, In Memory Of, Congratulations, etc. and to whom to send the acknowledgement.

Eliot Terborgh  
57 Parkwood Drive  
Atherton, CA 94027

(We are a nonprofit 501c(3) organization and all donations to our chapter are tax deductible.)

### **Important Message on Membership from Sally Edwards**

Now more than ever, with distancing keeping us apart, we need to be there for one another. And as we will not be physically together for the time being, staying connected by phone, email, Zoom or other virtual platforms including HLAA meetings and webinars, is really important.

With this in mind, I want to urge you to KEEP YOUR MEMBERSHIP CURRENT AND IF YOU HAVEN'T, PLEASE REJOIN. There are so many ways HLAA is reaching out to help us who are hearing impaired to cope with the isolation many are feeling. Webinars, Leaders' meetings, and the local chapter meetings keep us connected and learning and sharing what is helping us in this difficult time.

Memberships support all of this work and are now renewable yearly. See information below on how to do that. National does send out a reminder letter the month before your membership expires. And the date of your expiration is also on the Hearing Life Magazine if you are receiving it in hard copy. HLAA wants to help you as much as possible and also needs your support for this work. The cost is \$45/year for an individual, and \$55/year for couples/family. I look forward to seeing many of you who have drifted away, returning and benefiting from your renewed membership.

Blessings to all and STAY CONNECTED SAFELY, Sally

You can renew online: <https://www.hearingloss.org/make-an-impact/become-a-member-renew/>  
Or download a form off the website if you do not wish to renew online: [https://www.hearingloss.org/wp-content/uploads/HLAA\\_MembershipForm\\_8.2021.pdf](https://www.hearingloss.org/wp-content/uploads/HLAA_MembershipForm_8.2021.pdf) and mail it to: [6116 Executive Blvd, Suite 320, Rockville, MD 20852](mailto:6116_Executive_Bldv_Suite_320@HLAA.org)



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Type Hearing Loss Association of America into the “pick your own charitable organization” window. Click Search. Select our chapter, Redwood City.

Or pick your own charitable organization:

Charity name, location, or keyword

Search

Hearing Loss Association Of America Inc [\(About\)](#)  
Deaf/Hearing Impaired Centers, Services

Redwood City, CA  
Founded 2001

Select

#### BUYING USING AMAZON SMILE

*Since Amazon Smile began in 2017, our chapter has earned \$735 total, with \$44 of that amount coming in 2021. Thank you all!*

AmazonSmile. It’s Amazon in every way, except that with every purchase you make, 0.5% of your eligible purchases will go to a charity of your choosing. Our chapter has registered. We hope you’ll designate our chapter as your charity.

Note that there are many HLAA chapters registered. When you select a charity, look for our chapter, either in Emerald Hills or Redwood City. (We are trying to change the address to Redwood City.)

(Your wish lists, account history, free shipping through Amazon Prime, etc. is

all exactly the same.) All you need to do is make sure to go to [smile.amazon.com](http://smile.amazon.com) when you shop. Then, once a quarter, our donation will automatically go to our chapter. It’s so easy and a great way to help our chapter!

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#### Membership Reminder!

Please check your HLAA membership to be sure it is current. Membership dues are very important to keep National working on our behalf. I’ll be more than happy to check your status if you need any help.

Kate Szentkuti, Membership Chair

## FIRST CLASS MAIL

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Contact : Email: [info@hearinglosspen.org](mailto:info@hearinglosspen.org); Telephone: 650-365-4868

### HEARING LOSS ASSOCIATION OF AMERICA

The Hearing Loss Association of America (HLAA) is the nation's foremost membership and advocacy organization for people with hearing loss. The National support network includes the Washington D.C. area office, 14 state organizations, and 200 local chapters. Hearing loss is a daily challenge you can overcome. You do not have to hide your hearing loss. You do not have to face hearing loss alone.

#### Resources:

**Hearing Loss Association of America-Peninsula Chapter:**

<http://www.hearinglossca.org/Chapters/peninsula-chapter>

**Hearing Loss Association of America:** [www.hearingloss.org](http://www.hearingloss.org)

**Hearing Loss Association of California:** <http://www.hearinglossca.org>

**Hearing Loss Web** has resources for people with hearing loss: <http://www.hearinglossweb.com>

**Hearing Aid Reviews, Audiologists, etc.** [www.hearingtracker.com](http://www.hearingtracker.com)

**CTAP and CRS (telephone access):** <http://ddtp.cpuc.ca.gov>

**Young Adults Social Network 18-35:** [https://www.hearingloss.org/hearing-help/communities/students\\_youngadults/](https://www.hearingloss.org/hearing-help/communities/students_youngadults/)

**American Tinnitus Association:** [www.ata.org](http://www.ata.org)

**Hearing loops:** [www.hearingloop.org](http://www.hearingloop.org)

**To find and add venues that offer ALDs and Loops:** [www.ALDDLocator.com](http://www.ALDDLocator.com), [www.loopfinder.com](http://www.loopfinder.com)

**To find and install loops:** [www.loopamerica.com](http://www.loopamerica.com)