



Monthly Chapter Meeting

1st Monday of the month at 1:30-3:00 p.m.
Except June, July & August; on holidays, meets 2nd
Monday

**ALL MEETINGS WILL BE ONLINE UNTIL FURTHER
NOTICE DUE TO COVID-19.**

Register to attend meetings. If you don't get an email a week before, contact membership@hearinglosspen.org. A registration link will be sent to you where you'll provide your name and address, and then a link to the meeting will be sent to you.

Presentations

Monday, September 12 (note date change)
**“Updates on the HLAA National Convention
and the Bay Area Walk4Hearing by Our
Chapter Participants”**

Monday, October 3
**“Michelle Hu, a pediatric audiologist,
informally shares and answers questions
about her CI decision, implantation and post-
implantation experience”**

Monday, November 7
**“Hearing Challenges with Family”. If time
permits, “Bill of Communication Rights”
by Julia Stepp of Hearing Loss Live**

Monday, December 5
Holiday Party

Special Meetings

Saturday Connections

2nd Saturday of the month,
11:30 a.m. – 1:00 p.m.
except June, July, August, December
(Meeting online until further notice)

Meniere's

2nd Friday of the month
12 noon-1:00 p.m.
(Meeting online until further notice)

Please contact us if you are interested in
attending Saturday Connections or
Meniere's.

info@hearinglosspen.org

Request which meeting you're interested in
and ask that you be put on the roster for the
next meeting. You'll then receive an
invitation and link to attend.



3555 Alameda de las Pulgas,
Suite 100
Menlo Park, CA 94025
650-854-1980

496 First Street, Suite 120
Los Altos, CA 94022
650-941-0664

CO-PRESIDENT'S MESSAGE

Bob Hall



In-Person Meetings?

After two years, Peninsula Chapter is going to try to return to in-person meetings. We will do so if we can arrange a hybrid meeting at Veterans Memorial Senior Center and allow people to join us on Zoom, or in-person.

The risk of Covid remains. Seats at Veterans Memorial are spaced at least six feet apart. I intend to wear a mask. People who wish to speak or ask questions at Vets Memorial will need to leave their seats and go to a microphone set up for this purpose. It is hard to know the threat the endemic will pose, and we may have to return to zoom only meetings.

When Larry Sweeny and I went to see the condition of the Vets Memorial Gold Room, we learned the Loop was not working. Staff at the Center were going to try to arrange to get it repaired. Larry and I are awaiting a time to return and try out all our equipment. The task is a) can people on zoom see video, captions and hear all that happens at Vets Memorial and b) can the people who come in-person see video, captions and hear anyone on zoom. More on this as we get closer to our first Fall meeting on 9/12/22 at 1:30PM.

Walk-4-Hearing

June 4th this year, we held our first Bay Area Walk-4-Hearing in twelve years. All the Bay Area chapters participated. Crown Beach in Alameda was selected as the site for the walk. It had a lot of parking, a grassy area in which to congregate, and a paved path that walked along the beach. There was a wonderful program before-hand, led by Ronnie Adler from the HLAA Central Office. Ronnie energized the crowd and recognized those who had contributed to success of the walk. Sally Edwards said later The Walk had garnered over \$50,000 in donations. It was a very pleasant day and a wonderful setting.

Looking forward to our Fall Programs

Our first meeting this Fall is September 12, at 1:30 PM regardless of the origin of the meeting (Zoom or Hybrid). There are good speakers set as you can see on the front page of the Newsletter. I'm looking forward to seeing all of you – one way or the other.

Bob Hall, Co-President

CHAPTER NEWS- July Picnic

Dear Friends,

One of the highlights of this summer for me was our chapter picnic on July 16 at Flood Park in Menlo Park. It was a gorgeous day, not too hot, and we stayed cool under the 2 canopies Bonnie and a family member had erected for us, and under the shade from the trees on site. Bonnie made the reservation and set up the picnic tables with decorations, brought the plates, utensils, etc. Thank you, Bonnie! The picnic would not be the same without you and your great help.

19 of us attended, two of whom were from Silicon Valley HLAA chapter. We are always happy to see some of our Silicon Valley friends at our summer picnic.

Guests of honor were Rigustin Sino Cruz ("Gus"), who is one of the three scholarship recipients this year, along with his mother, and grandmother. The other two female recipients, Mia and Morgan, were unable to attend.

Eliot Terborgh, representing the Scholarship Committee, presented Gus with his scholarship. He shared information on all three recipients. What amazing young people! We are happy to be able to support them with their ongoing educational goals.

Our chapter began giving scholarships to hard of hearing graduating seniors in 2017 and this has become one of our most important gifts of service to our community.

Eliot purchased the food and drinks with chapter funds. Thank you, Eliot. Small sandwiches, various bags of chips, fruit salad, cookies, and drinks (oh and some See's candy too) made for a safe, simple and good lunch.

It was so good to meet in person again (last time was the Holiday party in December) Masks were available for those who wanted to use them. We visited and got to know each other better. I was happy my daughter Joy came and got to meet some of my special HLAA friends. A LOVELY DAY!

Sally



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CHAPTER NEWS- July Picnic

(continued from page 3)

(people shown left to right in photos, and were provided courtesy of Sally Edwards and Bonnie Neylan)



Picnic spot at Flood Park



Bill and Janet, Larry and Mary



Jim, Eliot, Sally, Ron, Lydia, Sharamae, Gus



Eliot presents check to Gus (scholarship recipient), with Sharamae and Lydia looking on



Scholarship committee with recipient and his family. Sharamae (mother), Lydia (grandmother), Gus (recipient), Eliot, Kate, Bonnie, Sister Ann

CHAPTER NEWS - SCHOLARSHIP UPDATE by Kate Szentkuti



The Scholarship Committee came together with the hope of supporting graduating high school seniors in San Mateo County in 2017. Truly, we barely knew what we were doing! We got moral and financial support from the Easter Cross Foundation, and some very valuable guidance from Jack Castle. We want to share with you some of the essays that the students have written, so that you can see the difference these scholarships have made.

2022 winner Gus (from his counselor): Gus got his first job at Target and is excited to enter college at Skyline College in San Bruno to study Kinesiology. He has always been very enthusiastic about eventually working as a physical therapist. He especially wants to help athletes recover from injuries as he is a sports enthusiast. I have no doubt in my mind that Gus will achieve any goal he sets his mind on.

2022 winner Morgan: I had to learn to accept and believe in myself, but also to believe in others.My hearing disability has had a great impact on me because it is an integral part of who I am, and in many ways, because of it, I have learned to access many other strengths and gained more confidence in myself.

2022 winner Mia (Mia wrote a beautiful essay, but her teacher highlighted what this girl can and will do): Mia has not stopped advocating for the deaf and has participated in many panels for families and students letting them know what they can do to promote learning and advocate for themselves.

2021 winner Laine: I understand that, if need be, I can stare down anyone refusing to accommodate me and make it work. These experiences with self-advocacy have turned me into the activist I am today.

2021 winner Veronica (from her counselor): She's been involved with our Agricultural Sciences Career Technical Education (CTE) Program for her entire high school career. She's a part of the Future Farmers of America (FFA) and has been a member all four years of high school. She has served as a secretary and the vice president of the high school FFA chapter program, has been involved in speaking contests for leadership development, attended leadership conferences, led planning committees, organized, and ran numerous fundraisers and meetings.

2021 winner Kyle: My career goal is to work in a research lab using genetics to solve problems and diseases with the focus to save lives. Kyle played baseball and got an Associate's Degree while in high school!

2020 winner Seamus: My favorite classes have been art classes, especially working with pastels. I've been involved in both community and high school theater programs, performing and dancing in musical productions. I've participated in art and fashion camps as a student and then as a camp counselor.

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CHAPTER NEWS - SCHOLARSHIP UPDATE (continued from page 5)

2020 winner Mirian: Throughout my high school experience thus far, I have overcome and achieved many unexpected things.....Hearing loss could have been a disadvantage, however it allowed me to become a hard-working student. It gave me the realization that I could succeed at anything in life.

2020 winner Anthony: I wanted to announce for JV Football and help on the sidelines for Varsity. At the time, I hardly knew a thing about football, but I took the offer anyway. I took other risks by announcing other sports tooI was recently appointed to be the high school's first ever Sports Information Director, where I am in charge of managing all the websites for our Athletic Department.”

Schools: Arizona State University – Walter Cronkite School of Journalism and Mass Communication, UC San Diego, University of Washington D.C., Community College of San Mateo, Skyline College, Western Washington University, San Diego State University, Sonoma State University.

CHAPTER NEWS – Tidbits from our members who want to share.

Eliot Terborgh

“If you liked CODA, you may enjoy this article about one of the stars, Daniel Durant. Be sure to watch the short video.”

<https://www.npr.org/2022/03/18/1087632011/coda-actor-rocks-out-to-music-npr-news-daniel-durant>

Jim Lang

“Today during our May Chapter Zoom meeting Larry Sweeney asked about the headphones I was using and someone else suggested that I send the information for inclusion in the newsletter.

The headphones are from [Monoprice.com](https://www.monoprice.com) and are called “Modern Retro Over Ear Headphones”, item #16150. They are cheaper than I remembered - \$25.69 – and it looks like they are still available.

If I just plug them into the computer, I can't get enough volume, so I plug a little battery-operated amplifier into the computer and plug the earphones into the amplifier.”

Has anyone read “Hear & Beyond, Live Skillfully with Hearing Loss”, “Shouting Won't Help”, “The Way I Hear It”, “A Quiet World” or other books about hearing loss? Or other movies? Please share as we'd love your input! You can email Jaynie Kind (address is on page 11 of this newsletter). The deadline is March 1 for the Spring issue, August 1 for the Fall issue and December 1. We'd love to hear from you!

CHAPTER NEWS – Tidbits from our members who want to share.



Bill Coggshall offered these comments on the HLAA National Convention in Tampa, Florida in June:

My wife (Janet Littlefield) and I attended the HLAA 2022 and here are some of the things we learned.

The app HeardThat was impressive. Even Janet (who has good hearing) could hear things that I was far from being able to hear.

People with poor hearing have three times the risk of falling.

85% of Americans who have hearing aids have two.

40% of dementia is potentially modifiable.

Adults of age 60+ spend a lot of their time being non-moving.

Ken Peters also went to the convention and will be doing an update at the September chapter meeting.



Are you curious about all the Zoom meetings across the country in all the different chapters? You can attend them too. To start:

<https://www.hearingloss.org>

Then click on the purple “Calendar” on the top right corner

Then the purple “FIND HLAA CHAPTER AND STATE ONLINE MEETINGS HERE” on the left.

You will then see a monthly calendar. You can move your mouse to look at the different meetings and the topics. If one is of interest, click on it and read. They usually require you to register.

It's a lot of work to hear when we have a hearing loss.

We hear voices, but can't always understand the words. We are cheated of certain sounds in speech.

That makes all conversations a bit of a puzzle so we are constantly trying to fill in gaps with what we know of the topic and how well we know the person.



--That's why we run a bit behind in conversation.

--That's also why we come up with some off the wall stuff.

--That's why we are so tired at the end of the day.

<https://hearinglosslive.com>

(Permission granted by Hearing Loss Live)

THANK YOU!

We want to thank the following donors who gave to our chapter or national organization since the last newsletter, above and beyond membership dues. Your donations have helped pay for our captioning, student scholarships, refreshments, convention scholarships, brochures, assistive listening demo devices.

Easter Cross Association (Scholarships)

Uccelli Foundation (Scholarships)

Danford Foundation (Scholarships)

If we have missed someone, please let us know as we want to acknowledge each of you.



Whether you would like to donate to our chapter directly or have your family or friends donate instead of giving you a present, please make checks payable to HLAA-Peninsula Chapter and mail it to:

If it's an occasion, please tell Eliot, our chapter treasurer, if it's a Birthday, In Memory Of, Congratulations, etc. and to whom to send the acknowledgement.

Eliot Terborgh
57 Parkwood Drive
Atherton, CA 94027

(We are a nonprofit 501c(3) organization and all donations to our chapter are tax deductible.)

Important Message on Membership from Sally Edwards

Now more than ever, with distancing keeping us apart, we need to be there for one another. And as we will not be physically together for the time being, staying connected by phone, email, Zoom or other virtual platforms including HLAA meetings and webinars, is really important.

With this in mind, I want to urge you to KEEP YOUR MEMBERSHIP CURRENT AND IF YOU HAVEN'T, PLEASE REJOIN. There are so many ways HLAA is reaching out to help us who are hearing impaired to cope with the isolation many are feeling. Webinars, Leaders' meetings, and the local chapter meetings keep us connected and learning and sharing what is helping us in this difficult time.

Memberships support all of this work and are now renewable yearly. See information below on how to do that. National does send out a reminder letter the month before your membership expires. And the date of your expiration is also on the Hearing Life Magazine if you are receiving it in hard copy. HLAA wants to help you as much as possible and also needs your support for this work. The cost is \$45/year for an individual, and \$55/year for couples/family. I look forward to seeing many of you who have drifted away, returning and benefiting from your renewed membership.

Blessings to all and STAY CONNECTED SAFELY, Sally

You can renew online: <https://www.hearingloss.org/make-an-impact/become-a-member-renew/>
Or download a form off the website if you do not wish to renew online: https://www.hearingloss.org/wp-content/uploads/HLAA_MembershipForm_8.2021.pdf and mail it to: [6116 Executive Blvd, Suite 320, Rockville, MD 20852](mailto:6116_Executive_Blvd_Suite_320@rockville.md)



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Or pick your own charitable organization:

Charity name, location, or keyword

Search

Hearing Loss Association Of America Inc [\(About\)](#)
Deaf/Hearing Impaired Centers, Services

Redwood City, CA
Founded 2001

Select

BUYING USING AMAZON SMILE

Since Amazon Smile began in 2017, our chapter has earned \$735 total, with \$44 of that amount coming in 2021. Thank you all!

AmazonSmile. It’s Amazon in every way, except that with every purchase you make, 0.5% of your eligible purchases will go to a charity of your choosing. Our chapter has registered. We hope you’ll designate our chapter as your charity.

Note that there are many HLAA chapters registered. When you select a charity, look for our chapter, either in Emerald Hills or Redwood City. (We are trying to change the address to Redwood City.)

(Your wish lists, account history, free shipping through Amazon Prime, etc. is

all exactly the same.) All you need to do is make sure to go to smile.amazon.com when you shop. Then, once a quarter, our donation will automatically go to our chapter. It’s so easy and a great way to help our chapter!

For those folks who receive a printed copy of this newsletter:

Snail mailing the newsletter is both expensive and labor intensive. Would you like to get it via email? You receive it much sooner and instead of typing a link to a web page, a video, etc., you can just click on it. You can always print it if you prefer to read it that way. Let me know.

Kate Szentkuti, Membership Chair
membership@hearinglosspen.org

FIRST CLASS MAIL

Contact : Email: info@hearinglosspen.org; Telephone: 650-365-4868

HEARING LOSS ASSOCIATION OF AMERICA

The Hearing Loss Association of America (HLAA) is the nation's foremost membership and advocacy organization for people with hearing loss. The National support network includes the Washington D.C. area office, 14 state organizations, and 200 local chapters. Hearing loss is a daily challenge you can overcome. You do not have to hide your hearing loss. You do not have to face hearing loss alone.

Resources:

Hearing Loss Association of America-Peninsula Chapter:

<http://www.hearinglossca.org/Chapters/peninsula-chapter>

Hearing Loss Association of America: www.hearingloss.org

Hearing Loss Association of California: <http://www.hearinglossca.org>

Hearing Loss Web has resources for people with hearing loss: <http://www.hearinglossweb.com>

Hearing Aid Reviews, Audiologists, etc. www.hearingtracker.com

CTAP and CRS (telephone access): <http://ddtp.cpuc.ca.gov>

Young Adults Social Network 18-35: https://www.hearingloss.org/hearing-help/communities/students_youngadults/

American Tinnitus Association: www.ata.org

Hearing loops: www.hearingloop.org

To find and add venues that offer ALDs and Loops: www.ALDDocator.com, www.loopfinder.com

To find and install loops: www.loopamerica.com