



President's Message

by Lynne Kinsey

An Important Message from your Board

February marks the middle of our HLAA-SV year. We have had a successful first half of the year. We have had interesting programs, including new presenters and some familiar presenters. We have had potluck lunch meetings, social gatherings, Dining Out Lunches at local restaurants, and social events at member homes. All of these featured the sharing of food. Members bring items for our Second Hand Treasures Table and check out books from our library. Others browse and partake of both offerings. Members continually share with and question other members to learn some of their specific favorite secrets and inquire about specific personal needs, like devices to wake us up in the morning, preferred phones, hearing aid features, and cochlear implant procedures and features.

Our chapter has come to the point where we need to ask you to give more of your time and actions to support our chapter. Our officers have been doing the same jobs for a long time. We occasionally shuffle positions to keep our chapter running smoothly. But we need help, we need ideas, and we need participation from additional members. If you have skills and interests honed in other organizations or from work experiences or just want to try something new-to-you, find something on this list and offer to help. Feel free to add additional items that fit your interests.

- Leadership roles
- Preparing and circulating advertising and promotions for our meetings and events
- Keeping financial records and needs
- Maintaining computer files of membership information and communicating with members

- Working with microphones and sound systems
- Planning social events
- Creating attractive flyers for our meetings and events
- Creating and maintaining an attractive and useful Facebook page
- Making monthly reminder phone calls
- Making contacts and delivering flyers and newsletters to them
- Contacting local hearing health professionals to advertise in our newsletter
- Writing articles for our newsletter
- Talking to groups about hearing loss and HLAA
- Finding speakers for our meetings
- Notifying us of locations where we can share hearing information
- Attracting visitors and new members
- Offering rides to current members that cannot get to our events
- Hosting small groups of members for coffee or tea
- Hosting a social event

Your Board members do all of these and more. Without such additional interest and assistance, we run the risk of ceasing to exist. If you have ideas or interest, please contact Lynne Kinsey, kinsey618@gmail.com or 408-265-4038. **In the meantime, please offer to help when we are setting up the room or putting things away at the end of a meeting. This will allow our officers to spend more time talking to visitors and new members and to be sure we have contact information to share information. Also, please talk to visitors and new members. Make them feel welcome and wanting to come back again. When you have time, let us know what you want us to continue to do, which things are not necessary, and what new things you would like us to do.**

Would you be interested in attending a HLAA-Peninsula Chapter meeting in Redwood City, if

we carpoled and they had an interesting program? They also have a room-full of Assisted Listening Devices that we could go see and try. Would you be interested in carpooling to a San Francisco pizzeria run by a deaf staff?

We want this to be your organization, not just ours. There is much we can do with more people making things happen. I wish I could have filled the front page with fun and interesting information, but this had to be said. I look forward to hearing your ideas and willingness to take on some responsibilities.

*-- Lynne, Maggie, Earl, Evelyn, Amy
and Barbara*

Chapter Programs

by Lynne Kinsey

Be assured that we will have meetings with programs in March and April. We are having difficulties confirming what they will be. Since the info will not get into this newsletter, there will be special emails and phone messages announcing them prior to the meetings on March 13th and April 10th. Please plan to be there. The hardest parts of scheduling our programs are reaching the people we want to contact and then confirming that they will actually be there on the planned date. Most of our contacts begin with a receptionist, secretary, or other person, and may require several phone line changes.

Microphone Usage

by Lynne Kinsey

I posted this on Facebook and got several positive reactions. Be sure to voice your opinion if the speaker in front of a room suggests he has a loud voice and doesn't think he needs to use a microphone.

If you are in a group setting where a microphone is available, please do not think that because you have a loud voice, you do not need to use the microphone. Most likely, there is at least one person, probably more, that will not be able to hear or understand you. Loudness is not the only issue. Hearing and understanding depend on the clearness of the spoken words, the ability of the listener to see you, the familiarity with the subject being discussed, the quality of the voice, the speed of the spoken voice, other background noise in the room, and other factors that influence the ability to hear and understand. There are times when I hear and understand almost everything said. Other times I hear most of what is said, but only understand parts of it. It could be a little or could be a lot. Sometimes I cannot hear and therefore cannot understand. When I firmly request that the microphone be used, it sometimes is used and sometimes is not used. Too many people do not understand the necessity for using a microphone so that people with hearing loss can understand and participate.

Monthly Chapter Meetings

Meetings are on the 2nd Wednesday of the month, September to June. All Meetings are Audio Looped and Captioned. Meetings are held in the San Jose Masonic Center, 2500 Masonic Drive, San Jose, CA 95125. Look for us in the Red Dining Room, off from the main lobby.

Presentations start at 1:00 pm. Refreshments and Social start at 12:30 pm when there is no potluck. Potlucks are held in March, June, September, and December and start at 12:15 pm. Our Second Hand Treasures Sales are held at non-potluck meetings in January, February, April, May, October, and November.

For more information, contact President-Lynne Kinsey at kinsey@hearinglossca.org or call 408-265-4038. Website: <http://www.hearinglossca.org/chapters/northern-chapters/silicon-valley-chapter>



New Year's Lunch

by Earl Mizuguchi

Over a dozen members welcomed the New Year at the home of Judie Cordy. In addition to viewing the elaborate Christmas decorations, members enjoyed socializing and having lunch together. Joining our host were: Ivan Fawley, Barbara Hinman, Vera Hurlburt, Maggie Iller, Wilkes Joy, Stephen and Lynne Kinsey, Earl and Amy Mizuguchi, Ted and Rachel Santos, Frank and Roselle Schwartz, Valerie Tomasetti, Connie Turner and Eiko Yamaichi. Margie Stephens, a former member, was also in attendance.

Thank you, Judie, for hosting this event for the past several years. Everyone had a great time!

DINING OUT -- Several members attended our December luncheon at Marie Callender's. From left are: Roselle Schwartz, Judie Cordy, Rose Wesley, Evelyn Taravella, Barbara Hinman, Earl Mizuguchi, Connie Turner, Stephen Kinsey, Lynne Kinsey, Phyllis Karsten, and Amy Mizuguchi.

—Earl Mizuguchi



Ardeth Greenquist

Ardeth Greenquist passed away on December 11, 2018 at the age of 88. A Chapter member since 2006, Ardeth served on the Scholarship Committee for a number of years. Additionally, she became quite proficient in sign language, having taken several classes offered and taught by Chapter members.

Preceded in death by her husband, Douglas, she is survived by her son, Steven, daughter, Laurie, and grandson, Matthew.

At her request, no services were held. The family suggests donations to the Santa Clara Valley Audubon Society.

No one can make you feel inferior without your consent.
— Eleanor Roosevelt



Lucky Discontinues eScrip Program

by Earl Mizuguchi

On February 25th, 2019, Lucky Supermarket discontinued the eScrip program. Although Lucky will continue offering programs providing community support, none of them benefits non-profit groups such as our Chapter.

For those who signed up for the program, we wish to thank you for your support in providing funds for ongoing Chapter activities. Additionally, please inform relatives and friends who also participated in this program.

Batteries for Cochlear Implants

by Lynne Kinsey

Cochlear Implants (CIs) require a more powerful battery than hearing aids. Most CIs use a brand-specific rechargeable battery. Some offer the option of using disposable P675 batteries. You can use a 675 hearing aid battery in a CI, but it won't last as long. Most stores and even audiology offices do not normally carry P675 batteries. I asked at Costco if they had P675 batteries and was given 675 batteries. I was told they were the same thing, which I knew was not true.

The only place we found P675 batteries on a Sunday was at Batteries Plus Bulbs, a store which only sells batteries and bulbs. I highly recommend keeping a sufficient supply of these hard to find batteries.

Recycling

by Lynne Kinsey

I received a Facebook message asking me to stop recycling, particularly plastics. I thought to myself, it is okay (and preferred) to still recycle hearing aid batteries. So we will still offer members that option at our Library Table. Bring your used batteries to our meetings and let us help you recycle them. With many popular hardware stores closed or closing, the number of places to recycle batteries is decreasing.

But why stop recycling plastics? The amount of plastic packaging, bags, and containers has increased tremendously. If you have Facebook access, read and watch this message: <https://www.facebook.com/buzzfeedfyi/videos/469025140291728/UzpfSTU5OTkzNDM2NDoxMDE1NzA0MTQ1MDE4NDM2NQ/>

The essence is that there is just too much plastic being recycled and the markets that were buying it, namely China, is stopping the practice. Instead of selling it, it is going into landfills.

So my message is keep using hearing aid batteries and bring the old ones to us or your audiologist to recycle. Try to reduce the amount of other recyclable products brought into your home. The longer we wait, the worse the problem becomes.

Tidbits from Lynne

Degree Designations

Have you ever wondered what all the letters that follow a hearing professional's name mean? Here are the answers:

Au.D.—Doctor of Audiology

CCC-A—Certificate of Clinical Competency in Audiology, issued by the American Speech Language and Hearing Association (ASHA)

F-AAA—Fellows of the American Academy of Audiology

ABA—Board certification by the American Board of Audiology

Seeking to Eliminate Term “Hearing Impaired”

A measure was brought before the Oregon Senate's Committee on Education to use only the preferred terms “deaf” and “hard of hearing.” This is interesting because many hard of hearing people have been seeking to use the term “people with hearing loss.”

Audiences

The Latin origin of the word audience means “a group of listeners.” I would wonder if a group of profoundly hard of hearing or deaf people gather for a performance, are they then not an audience?

Hearing Loss Statistics

The most recent statistics I could find on people with hearing loss are from the World Health Organization from 2018:

466 million people in the world (approximately 5%) have disabling hearing loss, and 34 million are children.

<https://www.nidcd.nih.gov/health/statistics/quick-statistics-hearing>

Happy Spring 

Membership & Renewal

Date: _____ New _____ Renewal _____
ALL Membership Information is kept Confidential

Name: (1)

Name: (2)

Address:

City, State, Zip:

Telephone:

Specify Home or Cell

E-mail: _____

**Preferred mode of contact: Email _____ OR
Phone _____**

Birthday: (1) _____ (2) _____
Month and Day Month and Day

DUES:

Silicon Valley Chapter Membership Dues

Includes bi-monthly Newsletter

\$15 Individual/Couple/Family

HLAA Membership (National) includes *Hearing Loss Magazine* bi-monthly and *The Hearing Loss Californian* quarterly

\$20 Student

\$35 Individual

\$45 Couple

\$60 Professional

Memorial Donation: _____

Chapter Donation: _____

Scholarship Fund: _____

TOTAL ENCLOSED \$ _____

Make checks payable to: **HLAA-SV**

Mail to: Amy Mizuguchi-Treasurer
6136 Oak Forest Way
San Jose, CA 95120

Executive Board

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Second Hand Treasures- Evelyn Taravella
408-629-2428 etarv@att.net

Volunteers needed on our Board:

Outreach Chairperson

Publicity Chairperson

**Also welcome are helpers for any
position.**

(Ask a Board member for position details.)

***We are a 501(c) (3) Exempt
Organization. Your dues and
donations may be tax deductible.***

WELCOME NEW MEMBER!!

Lily Adams

THANK YOU FOR RENEWING!!

Jennie Stonehouse, Sathappan Venkatachalam

THANK YOU FOR DONATING!!

Scholarship Fund: Jennie Stonehouse

Memorial Fund: In memory of Ardeth Greenquist; Kats & Alice Hikido; Lynne & Stephen Kinsey; Earl & Amy Mizuguchi; Evelyn Taravella

Happy Birthday

March

- 8 Jack Meili
- 14 Maggie Iller
- 21 Roselle Schwartz
- 28 Steve Philips

April

- 5 Charles Wade
- 8 Karlene Reyes
- 14 Betty Canote
- 19 Ralph Reyes
- 23 Lynne Kinsey

Spring forward

Don't forget to set clocks ahead one hour at 2 a.m. Sunday. March 10



Easter Sunday
April 21



April 19-26


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HLAA-SV BOARD OF DIRECTORS MEETINGS

Board members meet on the 1st Wednesday of the month (September to June) at 10:00 am in the Library at the San Jose Masonic Center. Chapter members are welcome and encouraged to attend.



Barry Drogy

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Opinions expressed in articles appearing in this newsletter are those of the authors.

Mention of goods and services in articles and advertisements does not mean HLAA-SV endorsement, nor should exclusion suggest disapproval.



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2019 Calendar

BOARD MEETINGS: March 6, April 3, May 1 and June 5. Summer Hiatus- July and August. Sept. 4, Oct. 2, Nov. 6 and Dec. 4.

CHAPTER MEETINGS: March 13, April 10, May 8 and June 12. Summer Hiatus- July and August. Sept. 11, Oct. 9, Nov. 13 and Dec. 11.

The Date on your mailing label is your HLAA-SV Membership Renewal date. Please renew using the form on page 5 or at a Chapter Meeting. Thank You!

WATCH FOR AN EMAIL OR PHONE ANNOUNCEMENT FOR A ST. PATRICK'S DAY LUNCH, SUNDAY, MARCH 17th, 11AM - 2PM AT JUDIE CORDY'S HOME.



THIS IS NOT A POTLUCK SO YOU SHOULD JUST COME WITHOUT WORRYING ABOUT BRINGING A FOOD ITEM.



*May your troubles be less
and your blessings be more
And nothing but happiness
come through your door*

-- Irish Blessing

